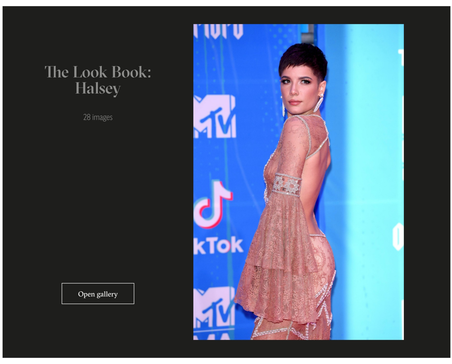
A List

Halsey tells people on Twitter to stop mocking Kanye West's mental health

'Personal opinions about someone aside, a manic episode isn't a joke'

by Sara Feigin • New York • 21 July 2020



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Popstar Halsey has been extremely open about having bipolar disorder throughout her career.

Now, she's posted on Twitter about Kanye West's recent tweets to remind people that mental health issues are no laughing matter.

In a thread of what appears to be subtweets (tweets directed at someone without clearly mentioning them by name), Halsey seemed to be discussing Kanye West's actions at his recent South Carolina political rally.

The 43-year-old rapper turned-be Presidential candidate gave a long monologue in front of a crowd where he claimed Harriet Tubman never really freed the slaves.

(Getty Images for MTV)

The rapper also shared a very personal abortion story about his wife Kim Kardashian that wasn't necessarily his to tell.

Many took to Twitter following West's rally to discuss how unhinged he seemed, while also making fun of him and discussing what possible mental illnesses he might have.

These actions didn't sit well with Halsey, who has struggled with bipolar disorder for most of her life.

(AP)

Halsey started her thread of tweets by writing, "No jokes right now. I have dedicated my career to offering education and insight about bipolar disorder and I'm so disturbed by what I'm seeing."

She continued, "Personal opinions about someone aside, a manic episode isn't a joke. If you can't offer understanding or sympathy, offer your silence."

The 'Without Me' singer went on to explain that most people probably know someone with bipolar depression and aren't even aware of it.

Halsey wrote, "Taking this opportunity to make offensive remarks and vilify people with mental illnesses is really not the way to go...this is the exact triggering s**t that causes people to keep quiet about it."

She said, "You can hate someone's actions or opinions without contributing to the stigma that damages an entire community of sometimes vulnerable people all for a couple of laughs."

"If you wanna think someone is an a****le, go ahead. Lots of people with mental illnesses are great. Lots of them are a****les. Because they are people. With nuanced personalities. But making jokes specifically targeted towards bipolar hurts more than the 1 person ur angry with."

(Sara Feigin)

She ended her Twitter thread succinctly with message, "Sincerely, Human Being with a Decade Long Bipolar Diagnosis."

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